

FEBRUARY 25: 2ND SUNDAY OF LENT:

Welcome to
**HOLY FAMILY
CATHOLIC CHURCH**

2797 Sunset Drive, Kamloops, B.C. V2C 4K7

(250) 372-0205



A WARM WELCOME TO GUESTS, AND VISITORS!

WHETHER YOU ARE VISITING, LOOKING FOR A NEW HOME PARISH, OR RETURNING TO YOUR FAITH, WE ARE HAPPY YOU ARE HERE!



**THE MONTH OF FEBRUARY
IS DEDICATED TO THE HOLY FAMILY**

Parish Pastor: Fr.Ajin George | **Email:** ageorge@rcdk.org | **Fax:** (250) 374-0781 | **Website:** www.holyfamilychurch.ca
Office Admin: Dolores Thrower | **Email:** holyfamily@rcdk.org | **Office Hours:** Tuesday-Friday 9:00am-1:00pm

Mass + Confession Times

Sundays: 11:00am | **Tuesdays:** 6:00pm | **Mondays/Wednesdays/Thursdays:** 8:00am | **Fridays during Lent:** 7:00pm | **Saturdays:** 9:00am
Confession: Saturdays 8:30am-8:50am or by appointment

St. Ann's Academy: (250) 372-5452 | **Website:** www.st-anns.ca

Our Lady of Perpetual Help School: 250-376-2343 | **Website:** https://olphschool.ca

Homeschooling: 1-888-599-5775 | **Website:** https://ascendonline.ca

Diocese of Kamloops: (250) 376-3351 | **Diocese Website:** www.rcdk.org

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF FEBRUARY 2024: FOR THE TERMINALLY ILL

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

MASS INTENTIONS

MONDAY	FEB.26	8:00AM MASS
TUESDAY	FEB.27	6:00PM MASS - TONY FREEMAN (RIP)
WEDNESDAY	FEB.28	8:00AM MASS - DEAN DE LA AVENTURA (RIP)
THURSDAY	FEB.29	8:00AM MASS - BRIAN RAYMOND (RIP)
FRIDAY	MAR.1	7:00PM MASS - MALWINA TOMCZYK (INT)
SATURDAY	MAR.2	9:00AM MASS - OZIMINSKI FAMILY (INT)
SUNDAY	MAR.3	11:00AM MASS

COMING UP

CATECHESIS FOR ADULTS, EXODUS 90 MEETING
6:30PM STATIONS OF THE CROSS <u>BEFORE MASS</u>
CHILDREN'S CATECHISM CLASSES, CATHOLIC PARENT MEETING

THE MASS (HOLY EUCHARIST) IS THE REAL PRESENCE OF JESUS

Christ is present in many ways; in the poor, in His Word, in the Sacraments, in prayer, etc. But He is uniquely present in the Eucharist (CCC 1374). He is entirely present - Body, Soul and Divinity of Christ. It is not a mere symbol; not just spiritually present in bread and wine. Remember the words of Jesus at the Last Supper; This is my body and this is my blood..

When the priest recites these words of Jesus at the time of consecration, Bread and Wine on the altar are changed into Body and Blood of Christ. It is not a chemical change. The bread still tastes and looks like bread, and the wine still tastes and looks like wine. But underneath of these appearances, it is truly Jesus' Body and Blood (CCC 1376).

It is Jesus' own words, not only at the Last Supper. He taught about His flesh and blood as true food and true drink. "He who eats my flesh and drinks my blood abides in me, and I in him." (John 6:53-56). As Christians, we trust in Jesus' words about the Eucharist really being His body and blood. "Do not see in the bread and wine merely as natural elements, because the Lord has expressly said that they are His body and His blood. Faith assures you of this, those your senses suggest otherwise."- St. Cyril of Jerusalem

Emmanuel: One of the biblical titles for Jesus means God with us (Matthew 1:23). Jesus is with us and He desires to remain close to us so He gave us the gift of His sacramental presence in the Eucharist. During every Mass, Son of God himself comes upon our altars and dwells in our midst. His presence continues to abide in the Eucharist reserved in the Tabernacle. We should reverence the presence of Christ in the Eucharist through holy gestures of genuflection, profound bow, etc. We make adoration of the Blessed Sacrament (Holy Eucharist)

"THE INTIMACY WITH CHRIST'S PRESENCE IN THE EUCHARIST CAN BRING GREAT STRENGTH AND CONSOLATION TO THE SOUL."

HOLY HOUR - FOR VOCATIONS - SERRA CLUB OF KAMLOOPS



OLPH

Monday to Friday
7:50AM to 8:50AM

Sacred Heart Cathedral

Wednesdays from 9:30AM to 9:00PM
Fridays from 7:00PM to 8:00PM



The Knights of Columbus invite you to participate in the Praying of the Rosary on the last Sunday of every month before Mass at 10:30am

Mass + Catechesis
TUESDAYS

teach us a Lord!

Feb.27th Topic - Salvation Story and Your Story: God's Story Becomes Your Story

Join us every Tuesday evening starting with Mass at 6pm, followed by Catechesis for adults and group discussion. We welcome everyone to attend and encounter our Lord both individually, and as a community.

FEBRUARY 25: 2ND SUNDAY OF LENT:

KNIGHTS OF COLUMBUS COUNCIL 1614 SACRED HEART CATHEDRAL

is hosting

LOBSTERMANIA 2024

on Saturday May 25, 2024 at OLPH Parish Centre.



DANCE THE NIGHT AWAY WITH LIVE MUSIC by
'JERRY DE SOUZA and the MELODYMAKERS'

Get a group of friends, relatives or co-workers together and enjoy an East Coast Lobster evening. Tickets are \$80. each and are available from Ed Barker 250-319-3331, Anthony Muzzillo 250-851-1111, Gary Mayhew 778-471-6100 and John Giddens 250-682-4600.



BABY BOTTLE CAMPAIGN



HOPEWELL
Clinic + Pregnancy Centre

The annual baby bottle campaign for Hopewell Clinic and Pregnancy Centre will be starting this Sunday, 28th February 2024. Hopewell brings hope to those faced with an unexpected pregnancy or family crisis, through education, resources, and ongoing support. Join the village of donors who help to ensure women have access to help through their pregnancy and into the early parenting years.

There are 4 ways to donate:

- 1) Cash/Cheques: Pick up a bottle at the church and return it by Easter.
- 2) Credit Card: www.hopewellkamloops.ca
- 3) Etransfer: donate@hopewellkamloops.ca
- 4) Mail a cheque: 429 Tranquille Rd. Kamloops BC, V2B 3G9.

Your support will bring hope and healing to women and families in need.

Watch the video/testimonials:

<https://www.hopewellkamloops.ca/baby-bottle-campaign>

March 1st is WORLD DAY OF PRAYER

I Beg You... Bear With One Another in Love - Ephesians 4:1-3

Please join us for World Day of Prayer, a prayer movement that invites us to enrich our faith experience with the experience of Christians from other countries and cultures and to bring hope to women touched by injustice. The service was written by the World Day of Prayer Committee of Palestine.

Locations:

South Shore: Summit Drive Church (1975 Summit Drive) at 1pm
North Shore: Our Lady of Perpetual Help (635 Tranquille Rd) at 7pm

SERRA CLUB OF KAMLOOPS

The Serra Club of the Kamloops Diocese will be hosting its annual AGM on **March 9th, 2024** at Sacred Heart Cathedral beginning with Mass at 9am. Following Mass there will be a meeting and a meal downstairs.

Everyone is welcome to attend.

Please RSVP to Albert Leduc at albertleduc@hotmail.com if you are planning to attend.

Serra is the global lay apostolate for vocations within the Catholic Church. We are committed to working for an increase in vocations to priesthood and consecrated religious life. For more information please visit <https://serrainternational.org/>

PRO-LIFE \$1000 SCHOLARSHIP

Completed application due April 1st, 2024.

Requirements: Gr.12 completion by June 2024 (or in previous years), essay, volunteering in pro-life/life-affirming activities, references, acceptance by a post-secondary institution in fall of 2024.

Applicants should begin their volunteering now, if not before. For details and to access the application form, please email us at:

kamloopsprolife@gmail.com

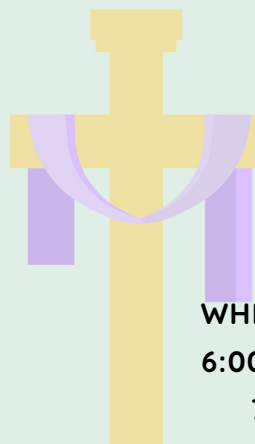
Lenten Mission

SILENCE IS GOLDEN

SILENCE ALLOWS THE SPACE TO
MATURE IN OUR FAITH.
WITHOUT IT, OUR FAITH REMAINS SHALLOW.

JOIN FR DERRICK ON A JOURNEY WITH
A MINI RETREAT AT
HOLY FAMILY ON THE

Sacredness of Silence



WHEN: MARCH 7 + 8

6:00PM ADORATION

7:00PM MASS

FOLLOWED BY MINI RETREAT ENDING

AROUND 8:30PM



RACHEL'S VINEYARD

Healing Retreat after Abortion.

Discover the depth of God's loving mercy and forgiveness.

www.rachelsvineyardkamloops.org

rvkamloops@yahoo.ca | Call/Text (Confidential): 250 267 5081



Do you ever feel like it's almost impossible to raise holy kids who love God (and sit still in Mass!) in our modern world?

You're not alone. Join us to watch video testimonials, group discussion and ideas to try at home.

Mass at 9am, followed by coffee/tea, group meeting at 10am.

Mar.2 Topic: Sacrifice

Mar. 16 Topic: Generosity

Contact: Alexis 778-321-7143